

THE GRAPEVINE

CRAMOND KIRK MAGAZINE

NOVEMBER 2022

Issue 125



www.cramondkirk.org.uk

KIRK OPEN

Every Sunday

Morning Prayers - 8.45 am
Morning Worship - 10 am

VIRTUAL CHURCH

www.facebook.com/cramondkirk2

Online Devotions

Mondays and Friday
www.facebook.com/cramondkirk2

Cramond Kirk Christmas Fair

Saturday 3 December
11.30am - 2pm
in
Cramond Kirk Hall

GIFTS **CRAFTS** **BOOKS**
TOYS **CAKE** **CANDY**
HAMPERS **SANTA**
LUNCHES
REFRESHMENTS

*All proceeds to go to Fresh Start,
Support for Ukrainian Families and
Cramond Kirk*

Registered Charity No: SC003430



CHRISTMAS SERVICES

Sunday, 27 November - Advent 1

8.45 am : Morning Prayers
10.00 am : Morning Worship

Sunday, 4 December - Advent 2

8.45 am : Morning Prayers with Communion
10.00 am : Morning Worship
This is our annual Gift Service so all are welcome to bring unwrapped toys for children at the Old Kirk & Muirhouse, either to the Kirk on the Sunday morning or to the Kirk Office any weekday morning

Sunday, 11 December - Advent 3

8.45 am : Morning Prayers
10.00 am : Nativity Service

Wednesday, 14 December

7.00 pm - Service of Nine Lessons & Carols

Sunday, 18 December - Advent 4

8.45 am : Morning Prayers
10.00 am : Morning Worship

Christmas Eve

6.00 pm : Christingle Service
11.30 pm : Watchnight Service

Christmas Day

10.00 am : Morning Worship

Sunday, 1 January

10.00 am : Morning Worship

Read more: www.cramondkirk.org.uk . Deadline for next issue 15 January 2023 T: 0131 336 2036  

Fresh Start

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As energy bills rise and the cost of living crisis continues, Fresh Start is seeing more people than ever coming through our doors to access our services. Whether it is to access low-cost food through our Community Pantry, to receiving Starter Packs to set up their new home, to accessing benefit advice and information or simply being able to enjoy a friendly chat and cuppa in our warm Community Hub, these services are a real lifeline to the vulnerable

people we support. As we prepare for the harsh winter months ahead, we anticipate a huge influx of people, some of whom will have never used our services before, and we are planning ahead as to how best we can support those in need.

At this time of year we are very lucky to receive Harvest collections from many churches, schools and community groups while food donations are gratefully received through our Food Packs and Community Pantry. This year we are also asking if people can donate toiletry items such as shampoo, shower gel, deodorant and toothpaste as these are in high demand as they increasingly become a luxury that many simply cannot afford.

We would like to take this opportunity to say a huge thank you to the entire Cramond Community for their ongoing support, every single item donated makes a difference to helping those struggling through these challenging times – thank you!

The Fresh Start Team

Parish Register

BAPTISMS

2 October Aoife Kate Hancox
16 October Skyler Lucja Langlands

WEDDINGS

13 August Chris Seaman to Rebecca Restorick

DEATHS

7 August John Deas
13 August Evelyn Wilson
18 August Eileen Abbott
1 September Anne Wilson
3 September Davida Crichton
10 September Tom Fraser
23 September Mike Butler

NEW MEMBERS

19 June William Duncan
1 September Edwin & Ruth Kelly

WORD PUZZLE

All the answers begin with CAM
Example: A make of tinned soup
(9) CAMPBELL'S

1. Takes photos (6)
2. Bellflower (9)
3. Court of King Arthur (7)
4. A local nature reserve (5,6)
5. A French cheese (9)
6. Part of the Palaeozoic era (8,6)
7. The art of bell ringing (11)
8. A mammal (5)
9. Queen Consort (7)
10. Concealment (10)
11. Motorhome (6,3)
12. Country in Asia (8)

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FROM THE MANSE



They did more as both schools offered hugely impressive and generous donations to Fresh Start, the local charity initiated by Dr Barr (the former kirk minister) to serve people who need a hand up or a new beginning in the city of Edinburgh.

*Ian Y Gilmour, Interim moderator, Cramond Kirk
Locum minister*

This autumn it has been a pleasure to welcome our local schools, Cargilfield and Cramond Primary, to the Kirk for their Harvest Festivals. The heads, staff and children brought huge creativity to these occasions with quirky songs, clever poetry, great anthems and fine presentations all telling the vital story of harvest. For without the harvest from orchards, fields and the sea we would all be hungry. The pupils found fun ways to tell the whole story of apples and pears - from seed to fruit salad. They were ready to acknowledge the creativity of others in their school community and to give warm thanks.

Harvest Prayer

Creator, open our minds and hearts to be more compassionate, as we hold before you all those around the globe who are hungry, especially at harvest time. We particularly recall the peoples of East Africa, may we continue to reach out in love to them and to all in need. We appreciate the various ministries in Cramond, supporting the weary and sad locally, while giving thanks for our collective support of Fresh Start, during this season.

Christmas Tree Festival

For 2 years Cramond Kirk has held a very successful Christmas Tree Festival. The third festival will run this year from Sunday 11th December 2022 for 1 week. The decorated trees will remain in the Kirk over Christmas.

The theme of this year's Festival is 'Celebrating Christmas Around the World'. Local organisations and schools will be busy working on their ideas for decorating their trees.

Last year's trees were stunning and decorated to a very high standard and our hope is that this year's trees will be just as interesting given the theme.

Further details of when the Kirk will be open for the Christmas Tree Festival will be found on the Kirk's website or Facebook page soon.



Trees in Cramond

The work of Cramond Commemorates continues and we plan to have around 100 trees and bulbs planted over this winter. The next planting will be a year on from the first sessile oak (which is doing very well) and will be in and around Cramond Primary with a mixture of bulbs and trees. With generous help from local landowners, we have hopes of some trees in the walled garden and others in the field in front of Cramond house. The project will conclude at Christmas, though the planting will continue until March 2023. The trees will be tagged and looked after. Finally, one of the trees will mark the long and celebrated reign of Queen Elizabeth the second.



Cramond Kirk Estate

During the past two years, the Kirk Session have endorsed improvements within the hall and surrounding grounds. These have included, new windows, new kitchen and recently the small tea bar now supporting the daily operation of the Gathering Space cafe.

We now have a new Memorial Garden located within the grounds adjacent to the Kirk Manse with double sided granite memorials, providing a place of remembrance and sanctuary for those no longer with us.

The main Kirk Cramond drive and Memorial Garden have also benefited from major surface improvements involving the laying of new tar. The tar which has been employed, was sourced from Cowieslinn Quarry near Eddleston, Peeblesshire, and was then laid by Irvine Plant of Peebles. This now means that Cramond Kirk has a depth of six inches of Peeblesshire laid within our grounds.

This extensive activity was undertaken in May, involved initially transporting numerous machines on a large flatbed lorry, which was unloaded at the top of Cramond Glebe Road and then each machine was driven down and stored in the hall grounds. The work was



completed over three days.

Robert Bruce

Christian Aid

“The virtue of hope is what drives us”

In November 2021 Dr John Sentamu, former Archbishop of York, was appointed Chair of Christian Aid and in the latest edition of the Christian Aid magazine, he chats about his faith and his support for Christian Aid. The following is an excerpt from the Christian Aid article :

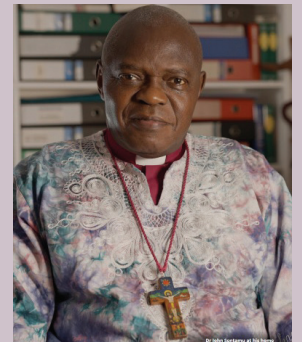
John’s first experience of Christian Aid was as a newly ordained deacon, being sent out by the vicar to collect door to door and he still believes collecting house to house is “quite wonderful” with a simple message – “We are Christian Aid – we are here to support, to encourage, to stand alongside people living in poverty, and that’s what inspires me.”

John does not see Christian Aid as an organisation, he sees it as a movement for change and when asked what he hoped to bring to the role of Christian Aid Chair, John said “I was brought up in Uganda and when I came to this country, I discovered whoever

you are, human beings are human beings. What I want to bring is my understanding of God, of humanity and the church. If you believe in the God of love and compassion and kindness, then you believe that every human person is of unique worth to God, and everybody is standing on holy ground because they are created in God’s image and likeness.

One of the things I think God gave me is a sense of cheerfulness and being hopeful. So I want to raise people’s sights to this wonderful sense of hope, to realise that things may at times be terrible and awful, but this virtue of hope is what drives us. In the words of Desmond Tutu, we are the people who are “prisoners of hope” and we want to give and share this hope with everybody.”

If you would like to see the full article as well as the rest of the Autumn/Winter 2022 magazine, please go to www.christianaid.org.uk/our-work/christian-aid-magazine





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Fair set to be Christmas Cracker

Saturday 3 December - 11.30am till 2pm

With all your favourite stalls, and Santa back in his grotto, the stage is set for this year's bumper Christmas Fair in the Kirk Halls.

From Cake & Candy and Crafts to Collectors Corner, Toys and Toiletries to Tombola, there will be something for everyone. Other stalls include Books, CDs/Vinyl, Stocking Fillers, Children's Tombola, Quiz.

And of course we'll have our renowned array of Christmas Hampers stuffed with festive goodies - remember to buy some tickets to be in with a chance of winning one.

Lots to eat too! Teas, coffees and delicious light refreshments will be available in the Halls, while in an outdoor tent the Scouts will provide an al-fresco option featuring hot dogs with lashings of ketchup and warming mulled wine.

Payment will be cash only - please visit your local hole-in-the-wall beforehand, or bring lots of £1 coins.



Says Fair Joint Convenor Louise Campbell: "The Kirk will share this year's proceeds with homeless support charity Fresh Start, and also Ukrainian Families based in Edinburgh, because it is a country very close to our hearts at the moment.

"We look forward to seeing you and all your friends and family at the Fair. You might even manage an early start to your Christmas shopping!"

Hamper Tickets and the Christmas Quiz will be on sale soon, as well as on the day of the Fair. Please donate goods for stalls and Hampers if you can. Donations of wine and beer for the Tombola will be welcome. For the Toiletries and Stocking Fillers stalls, donations should be new and in their original wrapping, please. Following Natasha's Law, all baked goods and confectionery should be labelled, with a list of contents or ingredients, and then wrapped. Thank you in advance for your help on this.

Donations should be brought to the Halls on Friday 2 December, between 4pm and 8pm.



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Turi Children's Project

Providing a hope and a future

For many years now Cramond Kirk has been supporting the work of the Turi Children's Project (TCP) in Kenya. The following is their latest news update and if you wish to find out more about TCP, please visit their website at www.turichildrensproject.net

TCP News update!

Dear all,

It has been so wonderful being able to visit TCP more regularly with children from St Andrew's School (the local prep school which supports the project). We now have a 'TCP Impact Group,' who spend time during Scouts each Friday playing games, doing art work and providing activities for the TCP children. The term dates don't always match up perfectly (St Andrew's follows the British academic year whilst the local schools' year is January to December) so when the Impact Group can't go, they help to organise fundraisers and promote charity at school. It is my aim that all St Andrew's School children will go to TCP at least once this academic year, to interact with the children and understand the charity better.

We are aware that times are tough around the world with the cost of living crisis affecting people in all areas. For TCP, we have concerns about the children in our care. The Micah Project, which provided a breakfast of uji porridge for everyone at the children's school until July this year, had to close and so now these children go to school very hungry each day. The project was similar to Mary's Meals, which you may have heard of. Sadly, due to rising costs of ingredients and sponsorship drying up, the project has closed and is making the TCP children more vulnerable and poverty-stricken. Furthermore, the exchange rate is so poor at the moment that when we convert money from UK pounds, we are losing a lot of the money. As costs of ingredients increase in price, we do have concerns about the future of TCP. If you are able to commit to donating regularly, please do get



in touch via email, Facebook or on the website. We truly want to provide these children with a hope and a future and would love more financial support to keep doing this.

Warm regards and God's richest blessings,

Rachel, Miriam and the TCP team



Tom takes his leave

With a fine sermon on the theme of music, our Associate Minister Tom Cuthell led our worship for the last time at the end of August. We're most grateful for Tom's contribution to the life of our Kirk over the years.



The Forget-Me-Not Garden at Lauriston Castle Lodge is a community/memory garden and hub offering help, information and advice for people with memory impairment and their carers.

It grew from a dementia café which started in the Kirk Hall in 2011 when Cramond and Barnton Community Council and Alzheimer Scotland got together where a seed was sown to establish a focal point that could be better served by providing a bespoke centre for relaxation, stimulation and assistance.

Initial fund-raising paid for fees to obtain planning permission and originate plans for the lodge and garden. Then began the task of raising the funds to carry out the work. It was decided that the project would be carried out in two phases. Phase 1 would be designing and constructing the memory garden. Phase 2 would be to have the lodge completely renovated and reconstructed as a dementia support centre.

One in 6 people in the UK will be affected directly or indirectly by dementia in their lifetime. It is known that a garden has positive effects on improving the physical and mental well-being of dementia patients. The



community garden offers therapeutic benefits by way of sensory planting, gardening activity, reminiscence features and awareness elements. Volunteers will be on hand to offer informal support for people with dementia to access the garden with friends and family, helping to reduce isolation.

We hope that you will support this worthy cause.



WORD PUZZLE ANSWERS

1. CAMERA 2. CAMPANULA 3. CAMELOT
4. CAMMO ESTATE 5. CAMEMBERT 6. CAMBRIAN PERIOD
7. CAMPANOLOGY 8. CAMEL 9. CAMILLA
10. CAMOUFLAGE 11. CAMPER VAN
12. CAMBODIA

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Cramond Walkers – Winter 2022

Cramond Walkers continue their full programme of walks through the winter. On a mix of days, each month there are three walks, of which one is by car share from Barnton Avenue West and the others do-able by bus (or meet at the start). Most walks are 8 - 12 km (5 - 8 miles) starting mid-morning. We recommend carrying a drink and packed lunch. For more details, email cramondwalkers@yahoo.co.uk or see Cramond Kirk website. Reports with photos are on Cramond Walkers Facebook page. Organisers are Fiona Black 339 6644 and Simon Gillam 339 2614.

Thursday, 10 November: Seafield / Kinghorn Loch Circuit 10 km. An inland walk from Kirkcaldy esplanade to Kinghorn Loch, returning via Kinghorn and Fife Coastal Path. Bus X58 at 9.50 from Barnton, or south end of Kirkcaldy esplanade at 10.40.

Friday, 18 November: Rumbling Bridge 6 km or 10.5 km. A circuit from Crook of Devon, including the River Devon and Rumbling Bridge gorge, with options at the end for a direct return to the village or a longer loop to the east and south. Meet: Barnton Avenue West at 9.50 or Powmill café at 10.30.

Saturday, 26 November: Callendar Park to Falkirk Wheel 10.5 km. A varied walk south of Falkirk, including Callendar Park, the Falkirk Muir battlefield, Rough Castle Roman fort and the Falkirk Wheel. Bus X38 at 9.45 from Maybury or the north edge of Callendar Park at 10.50.

Friday, 2 December: Glenrothes town art and Riverside Park 9 km. The route allows us to see about 30 pieces of town art, in the town centre and Riverside Park, including paths beside the River Leven and Lothrie burn. Bus X54 from Barnton at 9.25 or Glenrothes bus station at 10.25.

Wednesday, 7 December: Barnton to Saughton Park 7 km. We will walk through Barnton Park Woods, then join the John Muir Way to climb over Corstorphine Hill and continue to Saughton Park where there is a cafe. Meet 10.30 at Barnton shops.



Saturday, 7 January: Crieff including Hosh and The Knock. Around 8 km including riverside paths and the small hill above Crieff. Meet Barnton Avenue West at 9.30 or meet at MacRosty Park in Crieff at 10.40.

Wednesday, 18 January: Dreghorn to Flotterstone. A walk south through the Pentland Hills, about 7 km with some climbing but not over any summits. Meet 10.30 at Hunter's Tryst Lothian 27 bus terminus. Return to Edinburgh on hourly bus from Flotterstone.

Thursday, 26 January: A 10.5 km circuit, west along the Forth and Clyde canal, then following the Antonine Wall east past Bar Hill Roman fort and Croy Hill, then back by the canal. Meet 9.30 at Barnton Avenue West or 10.20 at the car park opposite Auchinstarry Marina (between Croy and Kilsyth).

Saturday, 4 February: Union Canal in Edinburgh. Meet 10.00 at the start of the canal (near Fountainbridge) to walk 8 km west / south-west along the canal-side path to Calder Road at Hermiston.

Thursday, 16 February: Charlestown to Forth Road Bridge. A walk of 10 km, mostly following the Fife Coastal Path. Bus X55 from Barnton at 9.30 or meet at 10.45 at Charlestown lime kilns (park at Limekilns Pier then 10-15 minute walk).

Friday, 24 February: Falkland Estate including Maspie Den. Around 8 km of varied routes around the estate. Meet Barnton Avenue West at 9.30 or at Falkland Estate car park at 10.15.

Full details of the walks are available under "What's On" on the Cramond Kirk website (www.cramondkirk.org.uk)

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